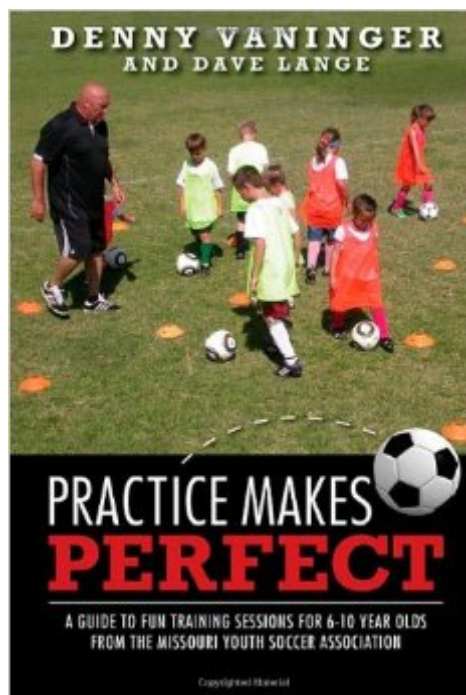


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# Practice Makes Perfect: A Guide To Fun Training Sessions For 6-10 Year Olds From The Missouri Youth Soccer Association



## Synopsis

"Practice Makes Perfect" provides a thorough guide to coaching kids in the U-6, U-8, and U-10 age groups. Denny Vaninger, a youth soccer expert and former professional player, covers the gamut in coaching kids in the early stages of learning the world's most popular sport. Vaninger gives tips in establishing a coaching philosophy, involving parents in the team, and developing training sessions tailored to the unique characteristics of boys and girls in each age group. Vaninger provides ten complete practices for each age group that coaches can take directly to the field. Vaninger emphasizes using the game as the best teacher and making every practice fun for players and coaches. New and experienced coaches will find that "Practice Makes Perfect" is an invaluable guide to coaching the very young. The book is enhanced by a foreword by Tony Whelan, assistant director, Manchester United youth academy and former professional player in England and the United States.

## Book Information

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Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (2 customer reviews)

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## Customer Reviews

I currently coach a U11B team, and will be entering my fourth year of coaching this Fall. This book is geared more towards U6-U10 age groups. If you are just getting into coaching this book is perfect! If you are coaching your child's rec or competitive team in the U6-U10 age groups, this book is perfect. Its has a good overview of how each age group approaches the game mentally, physically, and emotionally. It has lesson plans and drills with break downs of why and coaching points for each. Most importantly, it helps you as a coach make practices fun for the players which is vital at these age groups...if they are having fun they work a lot harder for you.If you are a veteran coach, this book still has nuggets of good information and worth the purchase. Because of my certification

in Meulensteen Academy, this book was a great refresh on why Rene Meulensteen's foundation he set at the youth level at Manchester United was so powerful and successful.

Lots of drills. Covers great principles for coaching young children. I had the opportunity to take a glass from Denny. He is a dynamic speaker who engages his audience with stories, humor and interaction.

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